IN THE CLAIMS

This listing of claims will replace all prior versions and listings of claims in the application:

1. (Currently amended) A system for accessing and retrieving information on the World Wide Web comprising:

a data table stored on a user's computer, said data table comprising:

a plurality of columns, each of said columns being selectively having a

heading that is definable by a column heading the user; and

at least one how having a plurality of cells corresponding to said plurality of columns, said each row for storing information defined by said plurality of column headings;

a key phrase field for defining a desired search; and

a search unit for accessing information on the World Wide Web that matches the information in said key phrase field, and for storing said accessed information in said columns if the accessed information further corresponds to said column headings.

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(Currently amended) The system of claim 1, whereby wherein each of said plurality of cells being activatable can be activated to perform at least one action related to said stored information within said cell.

- 3. (Currently amended) The system of claim 2, whereby wherein said stored information includes a phone number, and said at least one action comprises includes connecting the system with said phone number.
- 4. (Currently amended) The system of claim 2 whereby wherein said stored information includes a facsimile number, and said at least one action comprises includes sending a facsimile to said facsimile number.
 - 5. (Currently amended) The system of claim 2, whereby wherein said stored information includes an e-mail address, and said at least one action emprises includes sending an e-mail to said e-mail address.
 - 6. (Currently amended) The system of claim 5, whereby wherein said at least one action further comprises includes sending a facsimile to said e-mail address or providing a voice connection to said e-mail address.

7. (Currently amended) The system of claim 1, further including comprising a cursor and an activity menu having a plurality of activity buttons; whereby each of said activity buttons defines an action related to said stored information within a cell.

- 8. (Currently amended) The system of claim 4 7, whereby wherein said cursor highlights a cell and said plurality of activity buttons change to reflect said stored information in said highlighted cell.
- 9. (Currently amended) The system of claim 1, whereby wherein each row includes a row heading.
- 10. (Currently amended) The system of claim 9, whereby wherein said row headings and said column headings are interchangeable.
- 11. (Currently amended) The system of claim 1, further including comprising a centralized database for storing information, whereby said system accesses and retrieves information within said database.

Currently amended) The system of claim 11, further including comprising a website, for maintaining said centralized database.

- 13. (Currently amended) The system of claim 12, further including comprising a plurality of databases, said plurality of databases being linked to said centralized database, whereby said system accesses and retrieves information within said plurality of databases.
- 14. (Currently amended) The system of claim 13, further including comprising an input unit, for inputting information into said centralized database.
- 15. (Currently amended) The system of claim 14, further including comprising a verification unit, for verifying said input information.
- 16. (Currently amended) The system of claim 15, whereby wherein said verification unit further includes tagging means, for tagging all input information with the date of entry, time of entry and origin of said input information.

7 17. (Currently amended) A method for accessing and retrieving information on the internet comprising the steps of:

creating a data table comprising having a plurality of columns, each of said columns being selectively column having a heading that is definable by a column heading user, and at least one row having a plurality of cells corresponding to said the plurality of columns, said each row for storing information defined by said the plurality of column headings;

defining a desired search with a key phrase field;

accessing information on the World Wide Web that matches the information in said the key phrase field; and

storing said the accessed information in said the columns if the accessed information further corresponds to said the column headings.

- 18. (Currently amended) The method of claim 17, whereby said method further includes comprising the step of performing an action related to said the stored information within said the cell.
- 19. (Currently amended) A method of using a computer network and a database accessible through the computer network, comprising the steps of:

defining the database with a plurality of columns, each of said the columns being defined by having a user-definable column heading, and at least one row having a plurality of cells corresponding to said the plurality of columns, said each row for storing information defined by said the plurality of column headings;

defining a desired\search with a keyphrase field;

accessing information within said the database that matches the information in said the keyphrase field; and

storing said the accessed information in said the columns if the accessed information further corresponds to said the column headings.